

THE CONDUCTOR



KNIGHTDALE
*parks, recreation
& cultural programs*

2025 WINTER PROGRAM GUIDE

DECEMBER 1 – FEBRUARY 28

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PARKS & FACILITIES

Park and facility hours vary, please visit KnightdaleNC.gov for up to date information on hours.

Environmental Park

950 Steeple Square Court

Features: Picnic shelters, accessible gravel walking trail, boardwalk, benches, cornhole boards, fishing pond.

Harper Park

207 Main Street

Features: Four pickleball and tennis courts, picnic shelters, inclusive playground.

Knightdale Community Park

101 Bryan Chalk Lane

Features: Four baseball/softball fields, concession stand, playground.

Knightdale Community Pool

202 Milburnie Road

Features: Outdoor pool, cabana, basketball court, clubhouse.

Knightdale Recreation Center

102 Lawson Ridge Road

Features: Two multi-purpose rooms, kitchen, gyms.

Knightdale Station Park

810 N. First Avenue

Features: Inclusive playground, multi-purpose paved trails, dog park, multi-purpose fields, splash pad, picnic shelters, pavilions, amphitheater, disc golf course, Veterans Memorial.

Mingo Creek Park

100 Parkside Commons Drive

Features: Two half-court basketball courts, playground, dog park, multi-purpose trails.

Panther Rock Park

840 Hardin Hill Lane

Features: Rock formations, mulched walking trail, benches, picnic table.

POLICIES

Fee Information

In this guide, you will find that programs have different fees for Town of Knightdale Residents and Non-Residents, written as: \$Residents/\$Non-Residents. Municipal tax revenue is paid to the Town of Knightdale by residents living inside the corporate limits of the Town. Those living outside the corporate limits do not pay Town taxes and therefore are charged a higher rate for participation. Participants must live inside the corporate limits of the Town of Knightdale at the time of registration to receive the Resident rate.

Program Registration & Facility Reservation

Program registrations and facility reservations including indoor facilities, picnic shelters, fields, the cabana, and pavilions may be completed online at Knightdale.RecDesk.com or in person at the Harper Park office.

Athletic program registration deadlines are listed in this program guide. Registration deadlines for all other Town registered programs can be found online at Knightdale.RecDesk.com.

Programs run by partner organizations each have their own registration guidelines, please contact those individual organizations for more information.

Facility rental reservation deadlines are one month in advance for indoor facilities and pavilions, and one week in advance for picnic shelters, the cabana, and field rentals. No facility reservation may be made more than three months in advance.

Inclement Weather & Rained Out Notifications

Knightdale Parks, Recreation, & Cultural Programs utilizes the Rained Out weather notification system to notify parents and participants of delays or cancellations due to inclement weather. The athletics department will go over the Rained Out registration process during seasonal parent meetings. The Wake County Public School System's weather guidelines for closures and activities will also be followed. The Town of Knightdale reserves the right to revise or conduct activities to ensure everyone's safety.

For live weather information for Knightdale Station Park, Knightdale Community Park, and the Knightdale Elementary School Athletic Park please visit KnightdaleNC.gov and navigate to Departments > Parks Recreation & Cultural Programs > Facility Weather Information.

Payment Policy

Knightdale Parks, Recreation, & Cultural Programs accepts cash, check, money order, credit cards including MC, Visa, and Discover as forms of payment. A \$35 service fee will be charged for all returned checks.

For Town registered programs full payment is due at time of registration.

Programs run by partner organizations each have their own payment policies, please contact those individual organizations for more information.

For picnic shelter and cabana rentals, full payment is due at the time of reservation. For indoor facilities, pavilions, and field rentals, full payment is due once the reservation has been approved.

Refund Policy

A full refund will be offered for all programs cancelled by the Town of Knightdale.

For athletic programs refund requests received prior to the ordering of team uniforms will be honored with a full refund. For all other Town registered programs refund requests received at least seven days prior to the program start date will be honored with a full refund. In the event of injury or other hardship, the Department will evaluate a refund on a case by case basis.

Programs run by partner organizations may each have their own refund policies, please contact those individual organizations for more information.

Facility reservations cancelled at least two weeks prior to the rental are entitled to a full refund. Facility reservations cancelled less than two weeks before the rental are entitled to a refund, minus the deposit. Picnic shelter, cabana, and field rentals are subject to a full refund if inclement weather prohibits use. Recreation Center rentals are not subject to a refund due to inclement weather, unless it results in the closing of the facility.

Non-Discrimination Policy

Facilities and services are available to all without regard to race, color, religion, sex, age, national origin, or disability. In accordance with the Americans with Disabilities Act (ADA), our staff are committed to providing reasonable modifications to our programs for participants with disabilities or medical conditions. To request a program modification, please go to Knightdale.RecDesk.com > Forms and complete the Request for Program Modification Form.

GREENWAYS & TRAILS

GREENWAYS

Get outside and enjoy the beauty of Knightdale's Greenway Trails! The Town of Knightdale offers over six miles of Greenways and Trails that cover Knightdale Station Park, Knightdale Community Park, Environmental Park, Mingo Creek Park, and Harper Park. Discover your path today!



ADOPT-A-TRAIL

The Knightdale Parks, Recreation & Cultural Programs Adopt-A-Trail program provides volunteer opportunities for interested individuals, businesses, and groups to participate in trail cleanup to keep our parks and trails beautiful and safe for all to enjoy.

Fill out an application at Knightdale.RecDesk.com underneath the Memberships tab, or for more information contact Knightdale Parks & Recreation at (919)-217-2251.

ART EXHIBITION

The Town of Knightdale presents monthly art exhibitions at Town Hall. The public is invited to view the works of accomplished area and regional artists on display during Town Hall regular public hours and on the Knightdale Parks and Recreation's Facebook page.

Artists working in any medium are invited to submit an application for exhibition. Applications may be submitted at any time at KnightdaleNC.gov. This opportunity is open to any artist or curator seeking to organize a display. Commercial gallery artists are not eligible, although artists represented by a commercial gallery are eligible to apply as an individual. Written proposals for themed exhibitions may be submitted along with artists' images.

Works in all disciplines will be considered; however, due to limitations of the exhibition space, artwork that can be hung on the walls must have an attached hanging wire on the back. Artists are responsible for delivery, installation and removal of artwork for exhibitions. Sales will be handled by the artist.

You will be notified after your work has been reviewed. Town of Knightdale specifically reserves the right to prohibit or call for the removal of any or all of an exhibition at any time. For more information, contact Knightdale Parks and Recreation at 919-217-2251.

SPECIAL EVENTS

CHRISTMAS ON FIRST AVENUE TREE LIGHTING

Kick off the holiday season with an evening of festive fun! Write letters to Santa, enjoy performances by local entertainers, sip on hot chocolate, snack on cookies, and help us countdown the lighting of the Christmas tree.

Location: Knightdale Station Park

Date	Day	Time	Fee
Dec 5	Fri	6-8pm	Free



CUPID RUN 5K

Run with heart at our annual Cupid Run 5K! Whether you're running solo, with your sweetheart, or flying with your friends, this fun-filled race is all about heart, health, and happiness. Dress in your most festive pinks, reds, and wings, and join us for a course full of energy, music, and Valentine's Day cheer. Love is in the air-and at the finish line! Register at RunSignUp.com

Location: Knightdale Station Park

Date	Day	Time	Fee
Feb 14	Sat	8:00am	\$20

CHRISTMAS PARADE

Experience the magic of the season at Knightdale's Christmas Parade! Enjoy festive floats, marching bands, local performers, and a special appearance by Santa himself as the holiday spirit comes to life along the parade route. It's a joyful celebration for the whole family!

Location: First Avenue

Date	Day	Time	Fee
Dec 13	Sat	10:00am	Free



YOUTH & TEEN

ATHLETICS

Sport	Ages	Registration Dates	Season	Fee
Winter Basketball	5-6 & 7-8 CO-ED	Nov 15 - Dec 15	January - March	\$50 / \$70
Spring T-Ball	4 CO-ED	Jan 1 - Mar 1	March - May	\$25 / \$40
Spring Modified T-Ball	5-6 CO-ED	Jan 1 - Mar 1	March - May	\$25 / \$40
Coach Pitch Baseball	7-8 CO-ED	Jan 1 - Mar 1	March - May	\$50 / \$70
Spring Softball	9-12 Girls	Jan 1 - Mar 1	March - May	\$50 / \$70
Spring Baseball	9-15 Boys	Jan 1 - Mar 1	March - May	\$50 / \$70
Volleyball Academy	7-14 CO-ED	Feb 1 - Mar 1	April	\$25 / \$50

ART & CULTURE

ARTFUL GIFTS: PAINTING PUZZLES

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll make a gift to give -- a hand painted puzzle in a gift box and learn techniques of painting as a gift to yourself! All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Date	Age	Day	Time	Fee
Dec 6	8-15	Sat	10-11:30am	\$5/\$10



ARTFUL GIFTS: WRAPPING PAPER

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll learn techniques of printing as a gift to yourself to create several pieces of hand printed wrapping paper. All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
8-15	Dec 20	Sat	10-11:30am	\$5/\$10

YOUTH & TEEN

RELAXING IN ART: CREATIVE JOURNAL MAKING

Welcome winter with a restorative workshop series designed to engage both you in hands-on, creative experiences that encourage self-expression, relaxation, and connection through art.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
13-17	Jan10-24	Sat	11am-12:30pm	\$15/\$30

THEATRE GAMES FOR KIDS

This beginner-friendly theatre class uses fun, active games to introduce kids to the world of acting and performance. Whether your child is outgoing or just starting to come out of their shell, this class is a great way to build confidence, communication skills, and teamwork! Each session includes warm-ups, creative movement, voice exercises, and theatre games designed to boost creativity and stage presence. No prior experience needed!

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
8-12	Jan 10-31	Sat	11:30am-1pm	\$20/\$40

COLOR & CONNECTION: A YOUTH WATERCOLOR WORKSHOP

This class is designed to introduce youth to essential painting techniques such as wet-on-wet, layering, and color mixing through engaging, themed projects. Each lesson blends visual arts instruction with social-emotional learning strategies that promote self-expression, confidence, and emotional awareness. Students will explore topics like identity, nature, and storytelling while developing creative and reflective habits. All art materials are included.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
9-13	Feb 7-28	Sat	10-11:30am	\$40/\$80

EXPLORE VISUAL ART

Explore a variety of ways to make art in this multi-week series of classes brought to you by artist Julia Einstein. Artists love to discover techniques in drawing, watercolor painting, and mixed media to express themselves, and you will too! No experience is required, just come ready for fun and bring your imagination! All materials are provided.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
6-8	Feb 7-28	Sat	10-11:30am	\$20/\$40



SCIENCE & NATURE

ROBOTHINK: STEM ROBOTICS

Join the RoboThink STEM Robotics Team and explore a world of robotics! Throughout this program, students will gain valuable skills while working with main boards, DC motors, gears, and axles as they build a wide variety of robot designs. They'll even be challenged to build a robot entirely from scratch! No prior experience is necessary; just be prepared for an incredibly fun and engaging experience!

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
7-13	Feb 2-Mar 16	Mon	4:15-5:45pm	\$90/\$180

YOUTH & TEEN

ROBOTHINK: AMUSEMENT PARK ENGINEERING

Welcome to the enchanting world of RoboThink Land! As the newest rollercoaster engineer, your child will embark on a thrilling adventure to create the most incredible amusement park ever! Using motors, axles, gears, and more, they'll bring their imagination to life by designing and constructing a wide variety of thrilling theme park rides. From the majestic Ferris Wheel to the heart-pounding rollercoaster, get ready for a whirlwind of excitement and fun! No prior experience necessary; just come prepared to let your creativity run wild!

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
7-13	Feb 16	Mon	9am-4pm	\$25/\$50

MARBLES PLAYDATES

Join Marbles Kids Museum for play-based STEAM programming that sparks curiosity, creativity, and connection. Let your child take the lead as they explore and create. Rotating sessions feature different ways to play.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
2-5	Feb 26	Thu	10am-12pm	\$5/\$10

PARTNER PROGRAMS

CHAMPIONS IN MOTION: KARATE

Champions in Motion specializes in teaching martial arts to youth ages 4-18. Students will be taught kicks, punches, blocks, stances, katas, sparring combinations, and other martial arts/self-defense techniques and strategies. For more information and to register, visit ChampionsInMotion.com.

Location: Knightdale Recreation Center

CHAMPIONS IN MOTION: CHEERLEADING

Champions in Motion teaches cheerleading techniques such as short chants, arm motions, jumps, kicks, and stunting techniques. Students are also taught a special long team performance routine each semester that is presented at the Cheer Showcase. For more information and to register, visit ChampionsInMotion.com.

Location: Knightdale Recreation Center NEUSE RIVER FUTBOL ALLIANCE (NRFA): SOCCER

NRFA's recreational league is a volunteer based, inclusive soccer program for kids of all abilities and experience levels, ages 3 and up. For more information visit NeuseRiverFA.SprocketSports.com.

Location: Knightdale Station Park TENNISBLOC

Skill development clinic including instruction, drills, conditioning, and fun. For beginner to intermediate players ages 8+. For more information contact Info@TennisBloc.com or visit tennisbloc.com.

Location: Harper Park SOCCER SHOTS

Soccer Shots offers three core programs to meet the developmental needs of children ages 2-8. It's way more than just learning the game of soccer. We aim to build character, skills and confidence while also having a whole lot of FUN. For more information visit rdu.soccershots.com

Location: Knightdale Station Park YMCA TRACK OUT CAMP

YMCA Track Out Camps provide year-round students with a fun and engaging break from school! Campers will make new friends, stay active, build confidence, explore creativity, and develop new skills in a supportive and exciting new environment. The Knightdale Recreation Center serves Track 4 only. For more information, contact Matt.Streit@ymcatriangle.org or visit ymcatriangle.org.

Location: Knightdale Recreation Center

ADULT

ART & CULTURE

ARTFUL GIFTS: PAINTING PUZZLES

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll make a gift to give -- a hand painted puzzle in a gift box and learn techniques of painting as a gift to yourself! All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
16+	Dec 10	Wed	6:30-8pm	\$5/\$10

ARTFUL GIFTS: WRAPPING PAPER

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll learn techniques of printing as a gift to yourself to create several pieces of hand printed wrapping paper. All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
16+	Dec 17	Wed	6:30-8pm	\$5/\$10

RELAXING IN ART: CREATIVE JOURNAL MAKING

Welcome winter with a restorative workshop series designed to engage both you in hands-on, creative experiences that encourage self-expression, relaxation, and connection through art.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
18+	Jan 10-24	Sat	1:30-3pm	\$15/\$30

EXPLORE VISUAL ART

Explore a variety of ways to make art in this multi-week series of classes brought to you by artist Julia Einstein. Artists love to discover techniques in drawing, watercolor painting, and mixed media to express themselves, and you will too! No experience is required, just come ready for fun and bring your imagination! All materials are provided.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
16+	Feb 4-25	Wed	6:30-8pm	\$20/\$40

PARTNER PROGRAMS

OUTSIDE THE BOX FITNESS

Join OTB Fitness on Monday, Wednesday, and Friday of each week for a high energy workout! Sessions are challenging, dynamic, and led by all-star certified personal trainers. For more information, contact Clay Glandt at ClaytonGlandt@otbfitness.com.

Location: Knightdale Station Park

TENNISBLOC

TennisBloc offers pickleball and tennis clinics year-round. No matter your skill or experience level, TennisBloc has a clinic for you! For more information contact Info@TennisBloc.com or visit tennisbloc.com

Location: Harper Park

Z-FITNESS: LINE DANCING & ZUMBA

Offering Zumba, Aqua Zumba, and Line Dancing classes year-round, these sessions are a fun way to get your cardio in while dancing off the calories. For more info, contact Jacque Allen at (919) 720-9495 or JacqueAllen.ZumbaFitness@gmail.com.

Location: Knightdale Station Park

ADULT 55+

ART & CULTURE

ARTFUL GIFTS: PAINTING PUZZLES

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll make a gift to give -- a hand painted puzzle in a gift box and learn techniques of painting as a gift to yourself! All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Dec 10	Wed	10-11:30am	\$5/\$10



ORNAMENT MAKING

Join us for a fun and festive Ornament Making session, where you'll design and craft your own unique holiday decorations! Whether you're a seasoned crafter or just looking for a creative way to get into the spirit of the season, this class is perfect for all skill levels. All materials provided.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Dec 9	Tue	10am-12pm	\$5/\$10



ARTFUL GIFTS: WRAPPING PAPER

In this season of giving, artist Julia Einstein will teach the art of creating beautiful handmade items for the people on your list. You'll learn techniques of printing as a gift to yourself to create several pieces of hand printed wrapping paper. All materials are provided, and no experience is required.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Dec 17	Wed	10am-11:30am	\$5/\$10



ADULT 55+

EXPLORE VISUAL ART

Explore a variety of ways to make art in this multi-week series of classes brought to you by artist Julia Einstein. Artists love to discover techniques in drawing, watercolor painting, and mixed media to express themselves, and you will too! No experience is required, just come ready for fun and bring your imagination! All materials are provided.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Feb 4-25	Wed	10am-11:30am	\$20/\$40

FINANCIAL LITERACY CLASS

Join us for an educational class involving various financial topics such as retirement income, maximizing Medicare and Social Security Benefits, leaving a legacy to loved ones, charitable giving, and more! This class will be hosted by Financial Advisor Aaron Siegel of Edward Jones.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Feb 10	Tue	10am-11:30am	Free

DAY TRIPS

NC POTTERY CENTER

Join us for a delightful day trip to the North Carolina Pottery Center in Seagrove - the heart of North Carolina's pottery tradition! Discover beautiful handcrafted pieces, watch live pottery demonstrations, and learn about the state's rich ceramic heritage. Leave a little space in your bag for souvenirs from one of the many local pottery shops.

Departs from Knightdale Station Park

Date	Day	Time	Fee
Feb 24	Tue	8:00am	\$15/\$30



FITNESS & WELLNESS

CHAIR YOGA

Looking for a gentle way to improve flexibility, strength, and balance? Join us for Chair Yoga, a supportive and accessible class designed for all fitness levels-no need to get down on the floor!

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Jan 27	Tue	10am-11am	\$5/\$10





KNIGHTDALE

start something

This brochure contains the programs and events that were scheduled at the time of printing.

For the most up-to-date information, please visit **KnightdaleNC.gov**.

Please note, programs and events are subject to cancellation or change at any time.



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