

THE CONDUCTOR



KNIGHTDALE
*parks, recreation
& cultural programs*

2025 FALL PROGRAM GUIDE

SEPTEMBER 1 – NOVEMBER 31

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PARKS & FACILITIES

Park and facility hours vary, please visit KnightdaleNC.gov for up to date information on hours.

Environmental Park

950 Steeple Square Court

Features: Picnic shelters, accessible gravel walking trail, boardwalk, benches, cornhole boards, fishing pond.

Harper Park

207 Main Street

Features: Four pickleball and tennis courts, picnic shelters, inclusive playground.

Knightdale Community Park

101 Bryan Chalk Lane

Features: Four baseball/softball fields, concession stand, playground.

Knightdale Community Pool

202 Milburnie Road

Features: Outdoor pool, cabana, basketball court, clubhouse.

Knightdale Recreation Center

102 Lawson Ridge Road

Features: Two multi-purpose rooms, kitchen, gyms.

Knightdale Station Park

810 N. First Avenue

Features: Inclusive playground, multi-purpose paved trails, dog park, multi-purpose fields, splash pad, picnic shelters, pavilions, amphitheater, disc golf course, Veterans Memorial.

Mingo Creek Park

100 Parkside Commons Drive

Features: Two half-court basketball courts, playground, dog park, multi-purpose trails.

Panther Rock Park

840 Hardin Hill Lane

Features: Rock formations, mulched walking trail, benches, picnic table.

POLICIES

Fee Information

In this guide, you will find that programs have different fees for Town of Knightdale Residents and Non-Residents, written as: \$Residents/\$Non-Residents. Municipal tax revenue is paid to the Town of Knightdale by residents living inside the corporate limits of the Town. Those living outside the corporate limits do not pay Town taxes and therefore are charged a higher rate for participation. Participants must live inside the corporate limits of the Town of Knightdale at the time of registration to receive the Resident rate.

Program Registration & Facility Reservation

Program registrations and facility reservations including indoor facilities, picnic shelters, fields, the cabana, and pavilions may be completed online at Knightdale.RecDesk.com or in person at the Harper Park office.

Athletic program registration deadlines are listed in this program guide. Registration deadlines for all other Town registered programs can be found online at Knightdale.RecDesk.com.

Programs run by partner organizations each have their own registration guidelines, please contact those individual organizations for more information.

Facility rental reservation deadlines are one month in advance for indoor facilities and pavilions, and one week in advance for picnic shelters, the cabana, and field rentals. No facility reservation may be made more than three months in advance.

Inclement Weather & Rained Out Notifications

Knightdale Parks, Recreation, & Cultural Programs utilizes the Rained Out weather notification system to notify parents and participants of delays or cancellations due to inclement weather. The athletics department will go over the Rained Out registration process during seasonal parent meetings. The Wake County Public School System's weather guidelines for closures and activities will also be followed. The Town of Knightdale reserves the right to revise or conduct activities to ensure everyone's safety.

Payment Policy

Knightdale Parks, Recreation, & Cultural Programs accepts cash, check, money order, credit cards including MC, Visa, and Discover as forms of payment. A \$35 service fee will be charged for all returned checks.

For Town registered programs full payment is due at time of registration.

Programs run by partner organizations each have their own payment policies, please contact those individual organizations for more information.

For picnic shelter and cabana rentals, full payment is due at the time of reservation. For indoor facilities, pavilions, and field rentals, full payment is due once the reservation has been approved.

Refund Policy

A full refund will be offered for all programs cancelled by the Town of Knightdale.

For athletic programs refund requests received prior to the ordering of team uniforms will be honored with a full refund. For all other Town registered programs refund requests received at least two weeks prior to the program start date will be honored with a full refund. In the event of injury or other hardship, the Department will evaluate a refund on a case by case basis.

Programs run by partner organizations may each have their own refund policies, please contact those individual organizations for more information.

Facility reservations cancelled at least two weeks prior to the rental are entitled to a full refund. Facility reservations cancelled less than two weeks before the rental are entitled to a refund, minus the deposit. Picnic shelter, cabana, and field rentals are subject to a full refund if inclement weather prohibits use. Recreation Center rentals are not subject to a refund due to inclement weather, unless it results in the closing of the facility.

Non-Discrimination Policy

Facilities and services are available to all without regard to race, color, religion, sex, age, national origin or disability. We support the full participation of people with disabilities alongside those without disabilities. Accommodations may be provided on request.

GREENWAYS & TRAILS

GREENWAYS

Get outside and enjoy the beauty of Knightdale's Greenway Trails! The Town of Knightdale offers over six miles of Greenways and Trails that cover Knightdale Station Park, Knightdale Community Park, Environmental Park, Mingo Creek Park, and Harper Park. Discover your path today!



ADOPT-A-TRAIL

The Knightdale Parks, Recreation & Cultural Programs Adopt-A-Trail program provides volunteer opportunities for interested individuals, businesses, and groups to participate in trail cleanup to keep our parks and trails beautiful and safe for all to enjoy.

Fill out an application at [Knightdale.RecDesk.com](https://knightdale.nc.gov/RecDesk.com) underneath the Memberships tab, or for more information contact Knightdale Parks & Recreation at (919)-217-2251.

ART EXHIBITION

The Town of Knightdale presents monthly art exhibitions at Town Hall. The public is invited to view the works of accomplished area and regional artists on display during Town Hall regular public hours and on the Knightdale Parks and Recreation's Facebook page.

Artists working in any medium are invited to submit an application for exhibition. Applications may be submitted at any time at [KnightdaleNC.gov](https://knightdaleNC.gov). This opportunity is open to any artist or curator seeking to organize a display. Commercial gallery artists are not eligible, although artists represented by a commercial gallery are eligible to apply as an individual. Written proposals for themed exhibitions may be submitted along with artists' images.

Works in all disciplines will be considered; however, due to limitations of the exhibition space, artwork that can be hung on the walls must have an attached hanging wire on the back. Artists are responsible for delivery, installation and removal of artwork for exhibitions. Sales will be handled by the artist.

You will be notified after your work has been reviewed. Town of Knightdale specifically reserves the right to prohibit or call for the removal of any or all of an exhibition at any time. For more information, contact Knightdale Parks and Recreation at 919-217-2251.

SPECIAL EVENTS

SPLASH PAD BASH

Come cool off at the Splash Pad this season for our Back to School themed Splash Pad Bash! There will be a variety of themes, fun games, food trucks, and a DJ to supply you with all the music and food that you can handle!

Location: Knightdale Station Park

Date	Day	Time	Fee
Sept 6	Sat	11am-1pm	Free

MOVIE IN THE PARK

Join us for a magical evening under the stars at Movie in the Park! Bring a chair or blanket, grab your favorite treats from local food trucks, and relax as we screen a family-friendly film at the amphitheater. It's the perfect way to enjoy a night out with the whole family!

Location: Knightdale Station Park

Date	Day	Time	Fee
Sept 12	Fri	7:30pm	Free

FARMERS MARKET

Join us and Oak City Brewing on second Sundays for a vibrant market experience! Stroll through a curated selection of locally grown produce and handmade consumable goods, connect with local farmers, and enjoy live music in a relaxed outdoor atmosphere.

Location: Oak City Brewing Company & Knightdale Station Park

Date	Day	Time	Fee
Sept 14	Sun	11am-2pm	Free
Oct 12	Sun	11am-2pm	Free

HARPER HOUR

Harper Hour is a fun-filled evening at Harper Park! Bring your friends and family to enjoy delicious food from local food trucks, friendly competition with multiple yard games, live music to keep you grooving, and refreshing drinks from Oak City Brewing.

Location: Harper Park

Date	Day	Time	Fee
Sept 18	Sat	5:30pm-7:30pm	Free
Oct 16	Sat	5:30pm-7:30pm	Free

WALK LIKE M.A.D.D.

Join Mothers Against Drunk Driving of the Triangle for their annual fundraising event. For more info and to register please visit WalkLikeMADD.org

Location: Knightdale Station Park

Date	Day	Time	Fee
Sept 27	Sat	10:00am	\$35



FALL ON FIRST AVENUE

Celebrate the season with festive fun for the whole family! Enjoy pumpkin painting, hayrides, and live music, browse unique finds at the craft fair, delicious bites from local food trucks, and pick up beautiful mums from the Two Green Thumbs Garden Club.

Location: Knightdale Station Park

Date	Day	Time	Fee
Oct 4	Sat	11am-2pm	Free

SPECIAL EVENTS



LIVE LIKE RYAN 5K

Join us for the Live Like Ryan 5K, a race dedicated to honoring the life and legacy of Ryan Hayworth. Walk or run with us as we come together as a community in his memory. For more information and to register visit: Event.RaceReach.com/Live-Like-Ryan-5k

Location: Knightdale Station Park

Date	Day	Time	Fee
Oct 18	Sat	8:00am	\$20

KICK OR TREAT THE TRAIL

Put on your best costume and join us with Neuse River Futbol Alliance for a night of spooky fun! Enjoy trick-or-treat stations, games, activities, food trucks, and music. Don't forget your candy buckets for this exciting evening of soccer and Halloween fun!

Location: Knightdale Station Park - Soccer Fields

Date	Day	Time	Fee
Oct 24	Fri	6pm-8pm	Free

VETERANS DAY TRIBUTE

Pay tribute to the men and women who have served our country at Knightdale's Veterans Day Tribute. This event is co-sponsored by the Two Green Thumbs Garden Club.

Location: Knightdale Station Park

Date	Day	Time	Fee
Nov 9	Sun	2pm-3pm	Free

TURKEY LEG 5K

Celebrate the season with the annual Turkey Leg 5K at Knightdale Station Park! This fun run is open to both runners and walkers, with the race starting and finishing in the park. Each participant will receive a medal and a special gift. Register at RunSignUp.com

Location: Knightdale Station Park

Date	Day	Time	Fee
Nov 22	Sat	8:00am	Free



YOUTH

ATHLETICS

Sport	Ages	Registration Dates	Season	Fee
Winter Basketball	9-15 Boys & Girls	Sept 15 - Oct 15	November - February	\$50 / \$70
Winter Basketball	5-8 Boys & Girls	Nov 15 - Dec 15	January - March	\$50 / \$70

FITNESS & WELLNESS

CRAZY RUNNING

Crazy Running focuses on getting kids moving and making exercise fun! Runners will be introduced to simple strength exercises, fundamental running techniques, and play games that provide a kid-friendly cardio workout! This program is for the beginner runner or a young athlete who has finished lots of races! Program runs from August to October.

Location: Knightdale Station Park - Soccer Field 3

Age	Date	Day	Time	Fee
3-4	Aug 26	Tue	5:30pm-6:15pm	\$35/\$70
5-7	Aug 27	Wed	5:45pm-6:45pm	\$35/\$70
8-13	Aug 26	Tue	6:00pm-7:00pm	\$35/\$70

ART & CULTURE

JAZZTALES

JazzTales is a narrated original story on tolerance and inclusion accompanied by live original jazz. Trinity Bursey narrates her children's book while the Heart of Carolina Jazz Orchestra performs original compositions written to align with the books narrative.

Location: Knightdale Recreation Center

Date	Day	Time	Fee
Sept 13	Sat	2:00pm	Free

COLOR & CONNECTION: A YOUTH WATERCOLOR WORKSHOP

This class is designed to introduce youth to essential painting techniques such as wet-on-wet, layering, and color mixing through engaging, themed projects. Each lesson blends visual arts instruction with social-emotional learning strategies that promote self-expression, confidence, and emotional awareness. Students will explore topics like identity, nature, and storytelling while developing creative and reflective habits. All art materials are included.

Location: Knightdale Community Pool

Clubhouse

Age	Date	Day	Time	Fee
8-12	Oct 11-Nov 1	Sat	10am-11:30am	\$60/\$120

THEATRE GAMES FOR KIDS

This beginner-friendly theatre class uses fun, active games to introduce kids to the world of acting and performance. Whether your child is outgoing or just starting to come out of their shell, this class is a great way to build confidence, communication skills, and teamwork!

No prior experience needed!

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
8-12	Oct 18-Nov 8	Sat	11:30am-1pm	\$40/\$80

YOUTH

SCIENCE & NATURE

WILD WONDERERS

Wild Wonderers is a nature-based program for preschoolers to spark curiosity about the natural world! A different theme will be explored each date through activities, experiments, stories, and/or crafts. Participants should wear close-toed shoes and clothes that can get dirty.

Location: Environmental Park

Age	Date	Day	Time	Fee
3-5	Sept 16	Tue	10am-11am	\$5/\$10
3-5	Oct 21	Tue	10am-11am	\$5/\$10
3-5	Nov 18	Tue	10am-11am	\$5/\$10

ROBOTHINK: PLANES, TRAINS, & AUTOMOBILES

Explore the world of transportation with RoboThink! In this program, students build robots based on their favorite vehicles from the RoboThink curriculum. Kids will construct exclusive new robot designs with motors, gears, batteries and more at their disposal!

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
7-13	Oct 20	Sat	9am-4pm	\$25/\$50



ROBOTHINK: ENGINEERING RACE CARS

Ladies and gentleman, start your engines! Join us for an electrifying camp that combines the thrill of building with the exhilaration of racing. Your child will get a crash course in the inner workings of cars, exploring the intricate world of transmissions, pistons, and differentials.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
7-13	Nov 4	Tue	9am-4pm	\$25/\$50



PARTNER PROGRAMS

CHAMPIONS IN MOTION: CHEERLEADING

Champions in Motion teaches cheerleading techniques such as short chants, arm motions, jumps, kicks, and stunting techniques. Students are also taught a special long team performance routine each semester that is presented at the Cheer Showcase. For more information and to register, visit ChampionsInMotion.com.

Location: Knightdale Recreation Center

CHAMPIONS IN MOTION: KARATE

Champions in Motion specializes in teaching martial arts to youth ages 4-18. Students will be taught kicks, punches, blocks, stances, katas, sparring combinations, and other martial arts/self-defense techniques and strategies. For more information and to register, visit ChampionsInMotion.com.

Location: Knightdale Recreation Center

YOUTH

NEUSE RIVER FUTBOL ALLIANCE (NRFA): SOCCER

NRFA's recreational league is a volunteer based, inclusive soccer program for kids of all abilities and experience levels, ages 3 and up. The purpose of recreational soccer is to provide an opportunity for the participants to have fun, make friends, exercise, learn the sport and develop life skills including a lifelong love of the game. For more information visit NeuseRiverFA.SprocketSports.com.

Location: Knightdale Station Park



RALEIGH TENNIS ASSOCIATION

Instructional tennis programs for beginner to intermediate players ages 5+. For more information contact Perry@RaleighTennis.com or visit RaleighTennis.com.

Location: Harper Park

TENNISBLOC

Skill development clinic including instruction, drills, conditioning, and fun. For beginner to intermediate players ages 8+. For more information contact Info@TennisBloc.com or visit tennisbloc.com.

Location: Harper Park



YMCA TRACK OUT CAMP

YMCA Track Out Camps provide year-round students with a fun and engaging break from school! Campers will make new friends, stay active, build confidence, explore creativity, and develop new skills in a supportive and exciting new environment. The Knightdale Recreation Center serves Track 4 only. For more information, contact Matt.Streit@ymcatriangle.org or visit ymcatriangle.org.

Location: Knightdale Recreation Center



ADULT

ART & CULTURE

VISUAL ART SAMPLER

Explore your inner artist with this multi-week art series. Instructor Julia Einstein will introduce a variety of materials and techniques including painting, drawing, mixed media, and pottery. Artists love to experiment, try out playful approaches, and express themselves—and you will too! No experience is required, just come ready for fun and bring your imagination! All materials are provided.

Location: Knightdale Community Pool Clubhouse

Age	Date	Day	Time	Fee
16+	Oct 1-Oct 22	Wed	6pm-7:30pm	\$40/\$80

EDUCATION

ESL PARA PRINCIPIANTES - ESL FOR BEGINNERS

¡Únete a nuestra clase de inglés como segundo idioma (ESL) dos veces por semana! Este curso se centra en la gramática, las habilidades de conversación y el uso práctico del idioma para ayudar a los participantes a desarrollar confianza en el inglés.

Join us for a twice-weekly English as a Second Language (ESL) class! This course focuses on grammar, conversation skills, and practical language use to help participants build confidence in English.

Location: Knightdale Recreation Center

Age	Date	Day	Time	Fee
18+	Sept 2-Nov 15	Varies	Varies	\$15/\$30

PARTNER PROGRAMS

RALEIGH TENNIS ASSOCIATION

Instructional tennis programs for adult beginner to intermediate players. For more information contact Perry@RaleighTennis.com or visit RaleighTennis.com.

Location: Harper Park

OUTSIDE THE BOX FITNESS

Join OTB Fitness on Monday, Wednesday, and Friday of each week for a high energy workout! Sessions are challenging, dynamic, and led by all-star certified personal trainers. For more information, contact Clay Glandt at ClaytonGlandt@otbfitness.com.

Location: Knightdale Station Park

TENNISBLOC

TennisBloc offers pickleball and tennis clinics year-round. No matter your skill or experience level, TennisBloc has a clinic for you! For more information contact Info@TennisBloc.com or visit tennisbloc.com

Location: Harper Park

Z-FITNESS: LINE DANCING & ZUMBA

Get moving and have a blast with Z-Fitness with Jacque! Offering Zumba, Aqua Zumba, and Line Dancing classes year-round, these sessions are a fun way to get your cardio in while dancing off the calories. For more info, contact Jacque Allen at (919) 720-9495 or JacqueAllen.ZumbaFitness@gmail.com.

Location: Knightdale Station Park

WORKING OUT FOR WELLNESS

Join Wake County Health & Human Services on Tuesdays at 7:30am from Sept 16- Nov 1 for a free 45 minute strength training session using exercise bands. To register or for questions contact 919-250-3990 or Elizabeth.SpenderSmith@wake.gov.

Location: Knightdale Station Park

ADULT 55+

ART & CULTURE

WREATH MAKING

Join us for a delightful and creative afternoon of wreath-making! This hands-on class is the perfect way to celebrate the seasons, connect with others, and explore your artistic side!

Location: Knightdale Community Pool Clubhouse

Date	Day	Time	Fee
Sept 17	Wed	10am-12pm	\$5/\$10

VISUAL ART SAMPLER

Explore your inner artist with this multi-week art series. Instructor Julia Einstein will introduce a variety of materials and techniques including painting, drawing, mixed media, and pottery. Artists love to experiment, try out playful approaches, and express themselves - and you will too! No experience is required, just come ready for fun and bring your imagination! All materials are provided.

Location: Knightdale Community Pool Clubhouse

Date	Day	Time	Fee
Oct 11-Oct 25	Sat	1pm-2:30pm	\$45/\$90

PUMPKIN PAINTING & DESIGN

Celebrate the season with creativity and fun! Join us for a festive pumpkin painting & design class. No carving required - just paint, decorate, and personalize your very own pumpkin masterpiece!

Location: Knightdale Community Pool Clubhouse

Date	Day	Time	Fee
Oct 22	Tue	10am-12pm	\$5/\$10

MOVIE & BOARD GAMES

Looking for a fun and relaxing way to spend the day? Join us for a movie & board games day. Enjoy a classic film on the big screen and some friendly competition. With the cold outside, enjoy some warm drinks inside!

Location: Knightdale Community Pool Clubhouse

Date	Day	Time	Fee
Nov 18	Tue	10am-12pm	Free

QUILTING BEES

Town of Knightdale hosts Quilting Bees on the last Wednesday of every month. Come join us for a fun afternoon of socializing, sharing ideas, and making new friends with other quilters alike!

Location: Knightdale Community Pool Clubhouse

Day	Time	Fee
Wed	1pm-4pm	Free

DAY TRIPS

ASHEBORO ZOO

Get ready for a wild adventure! Join us for a fun filled day at the North Carolina Zoo in Asheboro, where nature comes alive. Explore beautifully designed habitats, see amazing animals from around the world, and enjoy the fresh air and scenic views - all at your own pace. We hope you will come along with us!

Departs from Knightdale Station Park

Date	Day	Time	Fee
Oct 8	Wed	8:00am	\$15/\$30



KNIGHTDALE

start something

This brochure contains the programs and events that were scheduled at the time of printing.
For the most up-to-date information, please visit **KnightdaleNC.gov**.

Please note, programs and events are subject to cancellation or change at any time.



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