

THE CONDUCTOR



KNIGHTDALE

*parks, recreation
& cultural programs*



**SPRING 2025
PROGRAM GUIDE**

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Department Information

This brochure contains the programs and events that were scheduled at the time of printing.
For the most up-to-date program information, please visit KnightdaleNC.gov.

Locations and Hours

Knightdale Parks, Recreation, & Cultural Programs Department Hours are 8:00AM—5:00PM, Monday—Friday.

Office location: **Harper Park (Main Office)**
207 Main Street
Knightdale, NC 27545

Fee Information

In this guide, you will notice many programs have different fees for Town of Knightdale residents (resident) and non-residents (Non-res). Municipal tax revenue is paid to the Town of Knightdale by residents living inside the corporate limits of the Town. Those living outside the corporate limits do not pay Town taxes and therefore are charged a higher rate for participation in certain programs. Participants must live inside the corporate limits of the Town of Knightdale at the time of registration to receive the resident rate.

Payments and Refunds Policy

Knightdale Parks, Recreation, & Cultural Programs accepts the following forms of payment for our programs and rentals. Cash, Check, Money Order, Credit Cards including MC, Visa, and Discover. A \$35 Service Fee will be charged for all returned checks.

Athletics — Full payment is due at time of registration in order to guarantee a spot in the program.

Classes and Programs—For Town registered programs, full payment is due at the time of registration.

Facility Rentals—(Outdoor locations) - Full rental payment is due at time of reservation. (Indoor locations) - Full payment due once the reservation has been approved.

Refunds

A full refund will be offered for all programs, classes and/or athletic leagues cancelled by the Town of Knightdale.

Refunds for facility rentals due to inclement weather will be honored if notification is given 48 hours in advance.

Athletics—Requests for refund received prior to the ordering of team uniforms, will be entitled to a full refund. In the event of injury or other hardship, the Department will evaluate on a case by case basis.

Partnership Programming—Partnership programs ran by a separate entity could have different payment options and refund policies.

Inclement Weather & Rained Out Notifications

Knightdale Parks, Recreation, & Cultural Programs utilizes the Rained Out weather notification system to notify parents and participants of delays or cancellations due to inclement weather. The athletics department will advise of the Rained Out registration process during seasonal parent meetings. The Town of Knightdale will also follow the WCPSS weather guidelines for closures and activities but reserves the right to revise or conduct activities based on the Safety First idea.



Registration Information

The Knightdale Parks, Recreation, & Cultural Programs Department uses both an online and in person registration program. Online registration may be completed through Knightdale.RecDesk.com. In person registration can be completed by visiting the main office located at Harper Park.

Registration deadlines are in effect for all athletics, programs, and facility rentals.

Athletics—Registration deadlines are listed in this program on page 6. Please note, registrations after these dates are not guaranteed team placement.

Facility Rentals—Rentals can be completed online at Knightdale.RecDesk.com or during regular hours Monday-Friday 8:00AM—5:00PM at the Harper Park office.

Partnership Programming—Partnership programs ran by a separate entity could have different registration guidelines.

SPECIAL EVENTS AND COMMUNITY ACTIVITIES

Pot of Gold 5K

Join us for our annual Pot of Gold 5k. Race starts and finishes at Knightdale Station Park. Runners and walkers are welcome. Register at RunSignUp.com



REGISTRATION REQUIRED.

Mar 15	Sat	9:00AM	All Ages	KSP
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Spring Fling Festival

Join us for a blooming good time at Spring Fling! Immerse yourself in the festive vibes with an abundance of Easter eggs, vibrant vendors, and inflatable fun for the entire family!



Apr 12	Sat	12:00PM	Free	All Ages	KSP
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Harper Hour

Come join us for an evening of fun at Harper Park! If you need to have a good time after a long work day, then this is the event for you. Food trucks and entertainment will not disappoint!



May 15	Thur	5:30PM	Free	All Ages	HP
Apr 17	Thur	5:30PM	Free	All Ages	HP

Latin American Festival

Come one, come all! The Town of Knightdale, in partnership with La Grande NC, invites you to join us at our Latin American Festival on Sunday, April 27, from 1-6pm. There will be tons of music, food and fun!



Apr 27	Sun	1:00PM	Free	All Ages	KSP
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Shakespeare in the Park

Enjoy the magic of live theatre in the great outdoors at our Shakespeare in the Park event at Knightdale Station Park! Enjoy a captivating performance as these performers bring a story to life!



May 3	Sat	1:00PM & 4:00PM	Free	All Ages	KSP
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Two Green Thumbs Plant Sale

Get your green thumbs ready! The Two Green Thumbs Garden Club will be hosting a plant sale with a variety of plants that any one in the family will surely love.



May 10	Sat	8:00AM	Free	All Ages	KSP
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***Register online at Knightdale.RecDesk.com or in person at
207 Main St. Knightdale, NC 27545**

SPECIAL EVENTS AND COMMUNITY ACTIVITIES

Splash Pad Series Kickoff

Come cool off at the Splash Pad this Spring/Summer! There will be a variety of fun games and entertainment along with a DJ and food trucks to supply you with all the music and food that you can handle!



May 24	Sat	11:00AM	\$20	All Ages	KSP
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Memorial Day Event

Join us on Monday, May 26, for our annual Memorial Day Ceremony. The event will begin at 11:00am and will be held in the Veterans Memorial at Knightdale Station Park. We will honor our service men and women who gave their lives for the safety and security of our nation!



May 26	Mon	10:00AM	All Ages	KSP
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Movie in the Park

Join us for a magical evening under the stars at our Movie in the Park event! Grab a blanket, some food truck goodies, and sit back and enjoy a family-friendly film at Knightdale Station Park!



May 30	Sat	Sunset	Free	All Ages	KSP
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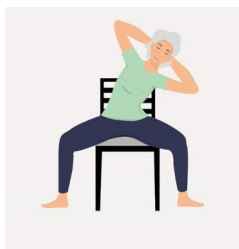


***Register online at Knightdale.RecDesk.com or in person at
207 Main St. Knightdale, NC 27545**

SENIOR PROGRAMMING

Chair Yoga

The Town of Knightdale will be hosting a Chair Yoga session on March 27th at 10:00AM! A licensed instructor will guide participants through a variety of seated and standing poses with numerous benefits! (202 Milburnie Road)



REGISTRATION REQUIRED

Mar 27	Tues	10:00AM	Free	55+	Pool
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Bird House Painting

The Town of Knightdale will be hosting a day of bird house painting at the Knightdale Community Pool Clubhouse (202 Milburnie Road)! Join us for a fun way of bringing in the Spring time!

Apr 23	Wed	10:00am	Free	55+	Pool
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(55+) Wilmington Water Tour

Join us for a day on the water! We will be taking a day cruise in historic Wilmington, NC on May 13th. Bus will depart from Knightdale Station Park that morning.

REGISTRATION REQUIRED

May 13	Tue	TBD	Free	55+	KSP
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Quilting Bees

The Town of Knightdale hosts Quilting Bees on the last Wednesday of every month at the Knightdale Community Pool Clubhouse (202 Milburnie Road Knightdale, NC 27545) from 1:00PM-4:00PM. Come join us to socialize, share ideas, and make new friends with other quilters alike!

Wed	1:00-4:00	Free	55+	Pool
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****Register online at [Knightdale.RecDesk.com](https://knightdale.recdesk.com) or
in person at 207 Main St. Knightdale, NC 27545***

YOUTH ATHLETICS ONGOING

Sport	Ages	Registration Dates	Season	Resident Fee	Non-Res Fee
Spring Baseball	7-15 Boys & 7-8 Girls	Jan. 1 - Mar. 1	March - May	\$50.00	\$65.00
Spring Softball	9-12 Girls	Jan. 1 - Mar. 1	March - May	\$50.00	\$65.00
Spring T-Ball	4 Boys and Girls	Jan. 1 - Mar. 1	March - May	\$25.00	\$40.00
Spring Modified T-Ball	5-6 Boys and Girls	Jan. 1 - Mar. 1	March - May	\$25.00	\$40.00
Spring Coach Pitch Baseball	7-8 Boys	Jan. 1 - Mar. 1	March - May	\$50.00	\$65.00
Spring Coach Pitch Softball	7-8 Girls	Jan. 1 - Mar. 1	March - May	\$50.00	\$65.00
Knightdale Volleyball Academy: Skills Development	7-12 Boys & Girls	Feb. 1 - Mar. 1	April	\$25.00	\$45.00

YOUTH ATHLETICS UPCOMING

Summer Basketball	5-15 Boys & Girls	April 1 - April 30	June - August	\$50.00	\$65.00
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Basketball

Knightdale Parks, Recreation, and Cultural Programs offers youth basketball in the Winter and Summer months for ages 5-16.

Baseball

Knightdale Parks, Recreation, and Cultural Programs offers youth baseball in the Fall and Spring, for ages 4-15. Skills evaluations will be held for 7-15 year olds. The 2025 spring session consists of practices, Opening Day in late April, and full-length games starting in May.

The KPRD baseball program is driven to provide a comprehensive learning environment for all baseball skill levels.

Softball

Knightdale Parks, Recreation, and Cultural Programs offers youth softball in the Fall and Spring. The KPRD softball program is driven to provide a comprehensive learning environment for all softball skill levels.

KPRD Softball offers programming for athletes from 9-12 years old (Girls Ages 4-8 play in our Co-Ed T-Ball and Coach Pitch Baseball Programs). The 2025 spring session consists of practices, Opening Day in late April, and full-length games starting in May.

Volleyball Academy

Instructional Volleyball Academy is hosted by Raleigh Volleyball Club. Academy meets twice weekly in April, from 6:15PM-8:00PM at the Knightdale Recreation Center for ages 7-14.

FITNESS PARTNERSHIPS

Outside the Box Fitness

Join OTB Fitness on Monday, Wednesday, and Friday of each week for a fitness program at Knightdale Station Park! These high energy workout sessions are challenging, dynamic, and led by all-star certified personal trainers. For more information, contact Clay Glandt at claytonglandt@otbfitness.com

Mon, Wed, Fri	5:00AM-7:15AM	KSP
Mon, Wed	5:30PM-6:30PM	KSP



Z-Fitness Line Dancing/Zumba

Ready to learn a few steps all while meeting new friends, staying active, and having a great time? Come have fun and learn new line dances or zumba all while getting a cardio workout! You'll enjoy burning off calories while dancing. For more information and pricing, contact Jacque Allen at (919)720-9495 or jacqueallen.zumbafitness@gmail.com.

Tuesdays	6:30AM	KSP
Thursdays	6:30AM	KSP



COMMUNITY PARTNERED PROGRAMS

The Knightdale Parks, Recreation, & Cultural Programs Department is proud to partner with many local organizations and instructors to bring opportunities and programs to our community. Registration and payment for all programs listed below are handled through the partner organization directly.

Artfully Creative Education

Artfully Creative Education, is a mobile kids art studio that strives to bring art education to children ages 2-12 in the community. Register at www.artfullycreativeeducation.com. Call or text (772)480-1687 for more information.



Artfully Creative Education
Exploring your creative side

TryTennis

TryTennis is a skill development clinic including instruction from Raleigh Tennis Association, and Try Tennis coaches, players & guest speakers. Join today at www.raleightennis.com



Recreation Soccer

NRFA's recreational league is a volunteer based, inclusive soccer program for kids of all abilities and experience levels, ages 3 and up. For more information, visit www.neuseriverfa.org.



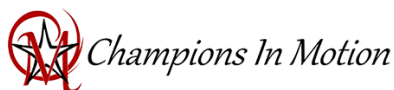
Karate

Champions In Motion specializes in teaching martial arts to youth ages 4-18. Students will be taught kicks, punches, blocks, stances, katas, sparring combinations, and other martial arts/self-defense techniques and strategies. Register today at www.CIMUSA.com.



Cheerleading

Champions In Motion teaches cheerleading techniques such as short chants, arm motions, jumps, kicks and stunting techniques. Students are also taught a special long team performance routine each semester that is presented at the Cheer Showcase. Register today at www.CIMUSA.com.



YMCA Track Out Camp

YMCA Track Out Camps are the perfect place for your year-round student to find friendship, think creatively, build confidence, learn new skills, stay active, and have fun during their break from school. For more information, contact Matt McDonough at (919)845-3879 or



YMCA Summer Camp

Camp Knightdale Station gives kids the opportunity to explore new activities, make new friends and build memories that last a lifetime. From silly games to projects designed to explore the world around them, Camp Knightdale Station will excite and engage your child all summer long. For more information, contact Matt Strait at (919)266-9622 or Matt.Strait@YMCATriangle.org.



CLINICS

Tennisbloc

Tennisbloc offers Tennis and Pickleball clinics year-round. No matter your skill or experience level, Tennisbloc has a clinic for you! Register at tennisbloc.com



Crazy Running

Get the kids moving and make exercise fun! Runners are introduced to simple strength exercises, fundamental running techniques, and play games that provide a kid-friendly cardio workout. For more information, visit Knightdale.RecDesk.com.



ART

The Town of Knightdale presents monthly art exhibitions at Town Hall. The public is invited to view the works of accomplished area and regional artists on display during Town Hall regular public hours and on the Knightdale Parks and Recreation's Facebook page.

Artists working in any medium are invited to submit an application for exhibition. Applications may be submitted at any time. This opportunity is open to any artist or curator seeking to organize a display. Commercial gallery artists are not eligible, although artists represented by a commercial gallery are eligible to apply as an individual. Written proposals for themed exhibitions may be submitted along with artists' images.

Works in all disciplines will be considered; however, due to limitations of the exhibition space, artwork that can be hung on the walls must have an attached hanging wire on the back. Artists are responsible for delivery, installation and removal of artwork for exhibitions. Sales will be handled by the artist.

You will be notified after your work has been reviewed. Town of Knightdale specifically reserves the right to prohibit or call for the removal of any or all of an exhibition at any time.

[Download an application](#) or contact Knightdale Parks and Recreation at 919-217-2233.



By Barbara Coe



By Angie Strickland



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